



Manitoba

FARMER WELLNESS PROGRAM  
Growing • in • hope

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## FOR IMMEDIATE RELEASE

### **Manitoba Farmer Wellness Program extends support to farm employees**

**Tuesday, December 12, 2023 (LA SALLE, MB)** – The Manitoba Farmer Wellness Program (MFWP) is proud to announce the expansion of its services to include farm employees, opening doors to mental wellness and support for all those integral to the agriculture community.

Starting January 1, 2024, the MFWP is extending its service to provide six, one-on-one, no-cost, confidential counselling sessions annually by professional counsellors with backgrounds in agriculture to non-family farm employees.

"Farm businesses traditionally lack dedicated health and wellness programs for employees, yet the stress of the job is real. We want to change that narrative," says Marcel Hacault, MFWP's chair, emphasizing the importance of acknowledging and valuing the well-being of all farm workers.

This expansion was prompted by direct requests from the farming community. "We were approached by farmers to enhance the coverage of our program. As we are a grassroots organization open to hearing from our stakeholders, we've embraced this opportunity to extend our support to all farm employees," adds Hacault.

The MFWP remains dedicated to its vision of mental wellness for Manitoba farm families, and to bridging the gap in mental health services for the agriculture industry. "We are thankful for the unwavering support received from the agriculture community thus far through building awareness of our program, financial support, and the growing need for the services we provide," says Roberta Galbraith, MFWP's vice chair.

For more information about the program or to book an appointment, visit [manitobafarmerwellness.ca](http://manitobafarmerwellness.ca).

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### **About Manitoba Farmer Wellness Program**

The Manitoba Farmer Wellness Program is a non-profit organization established October 26, 2021, and is led by a working board of directors. The Manitoba Farmer Wellness Program exists to provide one on one counselling sessions by professional counselors with backgrounds in agriculture to farmers and their families seeking mental health services. For more information, visit [manitobafarmerwellness.ca](http://manitobafarmerwellness.ca).

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